



Confucius said: "The perfecting of one's self is the fundamental base of all progress, and of all moral development." A maxim as profound and comprehensive as it is simple, practical, and uninvolved, for there is no surer way to knowledge, nor better way to help the world than by perfecting one's self. Nor is there any nobler work or higher science than that of self-perfection. He who studies how to become faultless, who strives to be pure-hearted, who aims at the possession of a calm, wise, and seeing mind, engages in the most sublime task that man can undertake, and the results of which are perceptible in a well ordered, blessed and beautiful life.

JAMES ALLEN.

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## KNOWLEDGE.

We find the Good by being good, the True  
By being true, the Real by dissolving  
Our fond illusions, thereby, piercing through  
Shadow, and knowing substance. By resolving  
We can attain, and by attaining, know ;  
And, knowing, who shall cause us grief or harm ?  
What trembling victim of the world's vain show  
Shall pierce the armoured heart, or fail the arm  
Of him whose shield is Wisdom ? What event,  
What circumstance, what mutability  
Can shake the Changeless ? And whoso hath blent  
His life with Changeless Good, stands steadfastly  
In knowledge, fearing nothing, hating naught ;  
His heart and mind Love-fashioned, Wisdom-wrought.

JAMES ALLEN.